

#1 Questions:

As you recall to memory your experiences of intentionalized spiritual direction/companionship relationships...

- 1.. In what ways were those experiences valuable for the formation of your own spiritual life? Put another way: What elements do you most value in what spiritual director/companion relationships have offered you for your spiritual life?
- 2.. What did/do you value or what worked (or works) well in your formation -- and/or in the PROGRAM/s that formed you -- as a spiritual director/companion?
- 3.. What was or is *missing* in the above arenas?

#2 Questions:

In light of the kind of thing that is happening in places like Minneapolis (and in so many other places around the world)....

...If you were to design a spiritual direction/companionship formation/training program for meeting the structural and systemic needs of the moment,

- 1.. What elements (activities, teaching, content, etc.) would you include?
- 2.. What would you be careful NOT to include?

#3 Questions:

In light of all you've considered so far in our time together, what specific skills and sensibilities do you have to meet the systemic and structural needs/traumas of the current moment -- in your role

- (1) as a staff member of a newly formed/reconstructed spiritual direction/companionship program?
- (2) as a spiritual director/companion?

And: what would you want to ADD to your set of skills and sensibilities in the above roles?