



Regional Gatherings for Spiritual Companions & Directors

Regional SDI Communities are SDI-supported and locally run independent groups of spiritual directors and companions. SDI Communities offer an opportunity to foster support, learning, networking, shared practice, and simple connection with spiritual companions from all traditions and spiritual orientations in your region. An SDI Community can operate anywhere in the world.

What is SDI's role?

- Publicize meetings through our email network
- Track names and emails of participants, if desired by the group
- Grow community membership by leveraging our larger network of members
- Offer free webinars and *Presence* articles in the spirit of education and development

Each regional group shapes itself. SDI is here to support, but meeting frequency, structure, and content is up to the group conscience.

Basic Requirements

We ask that the regional groups support the key tenets of spiritual direction and companionship—welcome, deep listening, respect for the agency of others, contemplative practice, and so on. Our Portrait of a Spiritual Director is one way we have tried to sum up our community values: <https://www.sdicompanions.org/media/portrait-of-a-spiritual-director-companion/>

SDI Communities should offer welcome to spiritual companions and directors from all faith traditions and spiritual orientations and regional meetings should always be free of charge for participants, though groups are welcome to invite donations or free-will offerings to cover expenses such as a Zoom account subscription.