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ENNEAGRAM

LISTENING AROUND THE CIRCLE

with Rev Nhien

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9 — The world is overwhelming. I must maintain inner and outer peace at whatever cost.

1 — The world is filled with imperfection. I must correct and perfect it!

2 — Others need my help more than I need theirs. I must give where I can.

3 — My life won't just unfold. I must stay ahead of others and work hard to succeed!

4 — Something deep and profound is missing. I must find that special something to be fulfilled.

5 — The world gives too little and takes too much. I must protect what time & resources I have.

6 — Life is filled with hazards. I need to stay vigilant to keep myself and my loved ones safe.

7 — The world is full of exciting possibilities. I have to experience them all!

8 — The world is a rough & tumble place. I must be strong and avoid showing weakness.

COMMON TRIGGERS BY ENNEAGRAM TYPE

9: ANGER OR AGGRESSIVENESS

1: IRRESPONSIBILITY OR LAZINESS

2: FEELING DISLIKED OR UNAPPRECIATED

3: SLOW TALKERS NO VISIBLE PROGRESS

4: "FAKE" POSITIVITY LACK OF DEPTH

5: LACK OF RATIONALITY INTRUSIVENESS

6: INCONSISTENCY / LACK OF TRUSTWORTHINESS

7: NEGATIVITY / GRIEF

8: TALK W/O ACTION UNFAIRNESS

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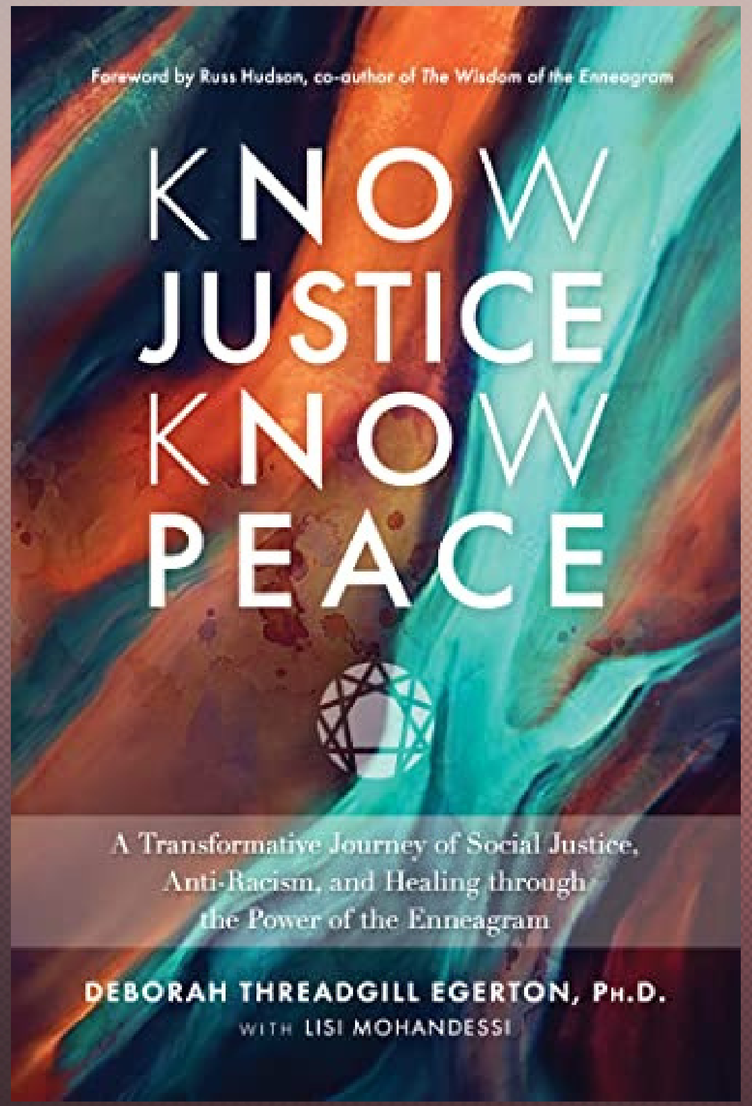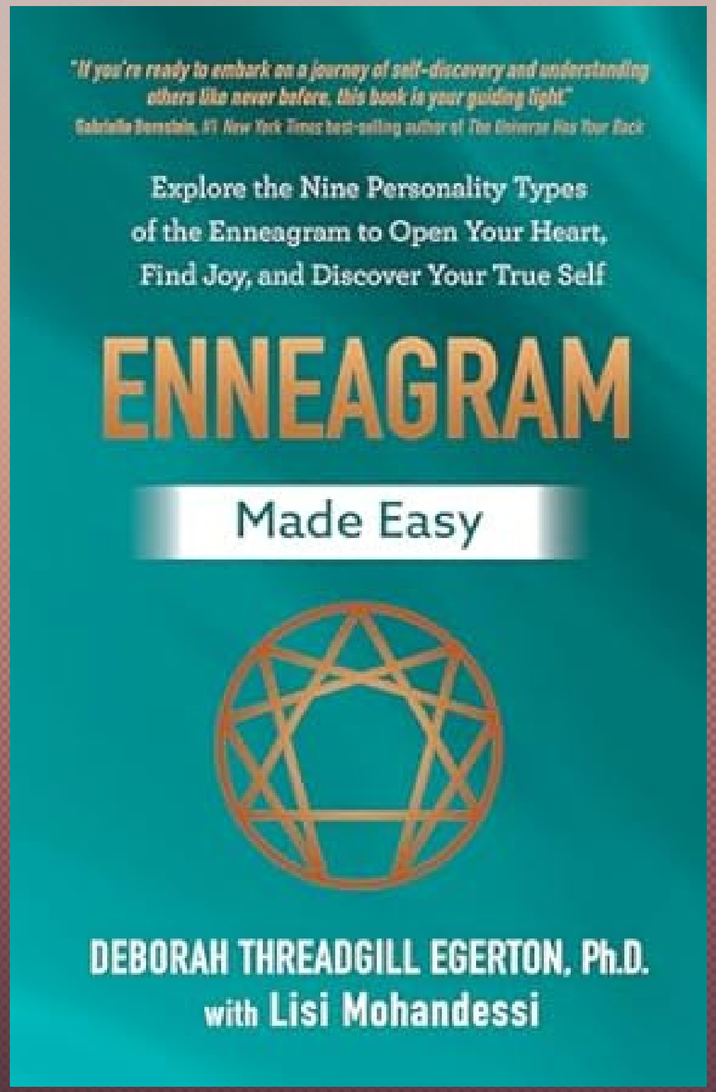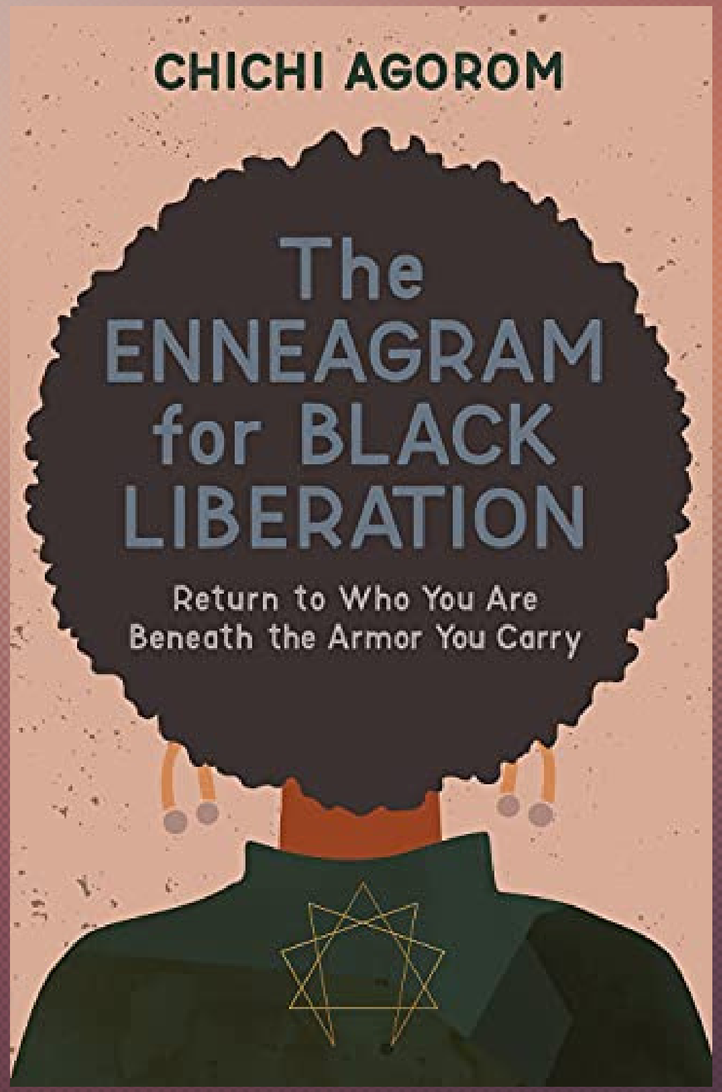
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